



Ignit Basketball Club

Parent/Player Handbook Summer 2019



Ignit Sports and Fitness
200 SE 37th St, Suite 100
Grimes, Iowa 50111
www.ignitsports.com

Ignit Basketball

We are excited to begin the Summer season of Ignit Basketball! This is a unique brand of competitive Basketball designed for kids, families and coaches to optimize Basketball development and achievement of goals. We have developed our philosophies of coaching and individual player development on a lifetime of playing, coaching and training numerous athletes as well as helping our own children develop and grow through playing Basketball. We know how important and fun this really should be and want each individual and team to enjoy this experience to its fullest!

At Ignit Basketball we will provide quality programs and experiences to players and their families, and coaches of all levels and abilities to ensure personal and team growth and development.

Our processes are designed with each and every player, family, and coach in mind. Our philosophy is one of comprehensive development for each athlete including fundamental technical and tactical skills. We are dedicated to providing a challenging and enjoyable experience for everyone!

Please contact us by calling:

Terry "Nas" Woods
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Ignit Basketball Mission Statement:

Ignit Basketball will ensure a positive growth experience for each athlete through our commitment to individual personal growth and family involvement, and a proven process for athletic, technical and tactical Basketball development by stressing personal accountability, respect of self and others, and integrity.

Core Values of Ignit Basketball:

Fun

The primary reason we play, coach and watch youth sports is because we enjoy it! It should be fun for all involved. We strive to provide a fun and positive experience for our players, families, and coaches. While we recognize that occasionally the pressure and frustration of preparation and competition can overshadow the joy of the game, Ignit Basketball will make every effort to incorporate the value of fun for everyone involved.

Sportsmanship

We all like to win. We should all have expectations regarding success. One of the foundational building blocks of success is demonstrating sportsmanship at all times when at or acting on behalf of Ignit Basketball. Ignit Basketball will teach and hold every player to exacting standards when it comes to playing, practicing and conducting themselves with integrity, honor and respect for: themselves, parents, teammates, coaches, fans, and umpires. All parents and players who choose to be a part of Ignit Basketball must always remember they represent themselves, their families, the club and our community. Each coach, player and parent will be held accountable for their sportsmanship at practices and both on and off the field (see code of conduct for Parents/Players).

Player Development

Our first responsibility is the safety and development of our players. The coaches and developmental staff at Ignit Basketball recognize that every player has his own personality and that there are many different styles of play. It is also our philosophy that the foundation for every great player regardless of style of play is age-appropriate development of fundamental technical skills and tactical knowledge as well as understanding of the game and how it is to be played. We believe that the long-term development of players is achieved through the implementation of a comprehensive process. We will always balance the development of individuals both technically and tactically with the development of teams. For teams to be successful in both the short- and long-term they need to be staffed with fundamentally sound players, coaches and parents who understand that player and team development is “big picture” and takes time! We all need to recognize that every player’s athletic development progresses at a different pace. Ignit Basketball is dedicated to the development of every player and will make best efforts to place players on appropriate teams to help them develop at a pace that is comfortable for them!

Communication

To ensure a positive, effective experience for all players and parents, the coaches and developmental staff of Ignit Basketball understand the value and necessity of meaningful communication between coaches, players and parents. We understand that for all individual players and their teams to become successful we must be willing to realistically and honestly assess progress at regular intervals. To keep everyone on the same page we must effectively communicate these assessments to all players and parents. We also recognize the importance of each player as a person and an athlete and we are committed to communicating with parents and players so that all feel welcome and valued.

Playing Time

Practice is an extremely important and valuable piece of the developmental puzzle for each player; playing time is an important piece as well. While Ignit Basketball does not guarantee equal playing time to all players, we will ensure that every player has adequate playing time to ensure his development and provide a positive experience. If there are ever questions about this, please contact your son's coaches.

Ignit Performance Training

To develop and compete at the highest possible level, all athletes should be dedicated to age-appropriate training programs. Ignit Basketball Club's program includes Ignit Performance Training as a core element of its athlete development program. We will provide baseline and ongoing Ignit Performance assessments for each basketball participant. Ignit Performance training will focus on acceleration development, max velocity development, and multi-directional development along with a host of other programming.

The combination of sports performance training and basketball skill development will prepare our athletes for success during our competitive league/tournament season and beyond.

Coach Selections

Ignit Basketball is dedicated to selecting qualified, paid coaches to serve as head coaches for each team. We will also select parent or other volunteer coaches to help with each team. We recognize that this experience is important not only to the player, but to the family as well. Any parent or family member wanting to be considered for a volunteer coaching position should contact the director of coaching or their team's head coach.

Number of Players

Ignit Basketball will roster no more than 10 players per team. From time to time we may add additional players for specific participation and eligibility reasons.

Support and Encouragement

Parental support is integral to the successful development of individuals and teams. It is also essential to maintaining a fun, positive experience for all players, coaches and fans. Parents are expected to be encouraging and supportive of all players, coaches, and umpires at all times including:

- Expressing only positive cheers and words of encouragement during games and practices;
- Trusting that your coaches are making decisions that are best for the team and individual player's development;
- Practicing with and encouraging your child on their own time using coaches' suggestions to improve individual skills.

Conflicts/Concerns

Ignit Basketball is a developmental competitive Basketball Club. As such, practices and games can from time to time become very intense. At no time will criticism, arguments or yelling at players, umpires, and coaches, opposing fans, players or coaches be tolerated. If a parent's or player's behavior is not consistent with the above expectations they will be asked to stop the behavior, disengage, and/or leave the area immediately. If the parent or player chooses to remain engaged disciplinary action will be handled by the Director of Coaching. Parents are encouraged to bring their questions, concerns and general feedback to the coaching staff within the following guidelines:

- Observe the 12-hour rule. Do not approach the coaches with negative issues immediately before, during, after, or in between games. Please provide at least a 12-hour cooling-off and reflection period to allow game-time emotions to calm;
- Request to speak with the coaching staff privately. Do not make negative or disparaging comments in front of players or other parents;
- Be a problem solver. Don't just point out what you perceive to be negative.

Basic expectations for all parents include:

- Please make every effort to get your player to all practices and games on time and prepared to participate. We understand that this can be difficult and at times, impossible. We ask you to understand that it is extremely difficult to conduct a meaningful practice or prepare players and teams for competition when players continually show up late or miss activities all together.
- Please inform the team's coach if you know in advance that your player will be late or absent from a practice, game, or event.
- Please cheer for your player during games, but limit the yelling of instructions to them. We want all players to enjoy playing in the game and to be focused on the instruction from their coaches.
- Parents are expected to be positive in their support of all players, coaches and Ignit Basketball. Please trust that the decisions made by your coaches are in the best interest of your player, team and club based on their knowledge, experience and insights of the game.
- There also may arise from time to time situations that are concerning to you as parents about the treatment or playing time of your player or about conditions within your team or club. We are concerned with the overall experience of all our players and their families. Ignit Basketball values your opinions and concerns and we want to hear about them as soon as it is appropriate (please respect the Club's 12-hour rule whenever possible). If you should ever need to talk to someone regarding concerns, please start with your team's coach. If you don't feel that the situation has been resolved satisfactorily, please contact Terry Woods - Director of Basketball.
- Use of Ignit uniforms is limited to competitions sanctioned by Ignit basketball exclusively. Any use of uniforms or Ignit brand in competitions not sanctioned by Ignit is expressly prohibited.

Parents are expected conduct themselves in an appropriate manner always. We understand that competitive sports can be intense and frustrating at times, however this is not an excuse for abusive or uncontrolled behavior. Please remember that we as adults are responsible for modeling desirable behavior for the young athletes.

Player's Code of Conduct

Players will always be expected to conduct themselves in a positive manner. They will also be expected to always:

- Have fun and give their best efforts.
- Be respectful of the coaches, parents, and other players on the team.
- Be respectful of the opposing team's players, parents and the umpires.
- Come to the court ready to play basketball (practice and games).
- Spend time outside practice/games working on their game and physical conditioning. Take advantage of open gym time at the Ignit facility.
Additionally, athletes are encouraged to attend Ignit Performance Training classes outside team specific training times.
- Be open to coaching and willing to try new things at the suggestion of the team coaches and or player development staff.
- Have appropriate gear.
- Represent your family, team and club in a positive way
- Be proud of your uniform and keep it clean, neat and tidy.

Basketball Club Fees 2019 Summer Season

Tryout Fees – Includes Ignit Basketball Combine Tryout T-shirt

- \$25.00 Advance Registration
- \$30.00 Registration at Tryout

Program Costs Based on Players Grade Level, Uniform Need and Payment Options:

- Developmental Teams: 4 Local Tournaments plus League Competition
 - 1 Upfront Payment: \$1,200 (*Best Value*)
 - 3 Monthly Payments: \$415

- Regional Teams: 8 Tournaments (7 local & 1 travel) plus League Competition
 - 1 Upfront Payment: \$1,500 (*Best Value*)
 - 3 Monthly Payments: \$520

- National Teams: 8 Tournaments (5 local & 3 travel) plus League Competition
 - 1 Upfront Payment: \$1,650 (*Best Value*)
 - 3 Monthly Payments: \$570

Payment Methods

- Upfront Payment – The entire club fee is paid at bid acceptance using:
 - **PayPal Online** by Using Funds in a PayPal Account or debit/credit card. Visa, Mastercard, Discover or AMEX are accepted using the PayPal interface. Payment buttons are on the Ignit website Basketball Club homepage.
 - **Square** – Debit/credit card payments can be made in person at an Ignit Front Desk or via the phone
 - **Check or Cash** – Delivered in person to an Ignit Front Desk

- 3 Equal Payments – Initial payment at bid acceptance and follow-up payments same day-of-month the next 2 months.
 - **Only PayPal Online** - Payments are made using funds in a PayPal account or debit/credit card. Visa, Mastercard, Discover or AMEX are accepted using the PayPal payment buttons on the Ignit website.

Ignit Volunteer Program

Ignit hosts sporting, philanthropic and community events at our facility. Interested families can offset up to \$600 of their Ignit Club Team fees by assisting at these events. Volunteers typically assist in the concession area, with event on-court support or event check-in.

Volunteer hours offset a portion of club fees, so families are required to pay Club Team fees as outlined under the Basketball Club Fees section of this handbook. Families will be refunded for volunteer hours completed at season end.

If a family is interested in volunteering, please send an email to info@ignitsports.com and we will add you to our volunteer list. To volunteer family members must be at least 14 years old. Families sign-up utilizing a web-based volunteer software and volunteer hours are on a first-come basis. Ignit reserves the right to discontinue the volunteer program or discontinue a family's participation in the program (e.g. Missing a volunteer shift signed-up for).

Ignit Basketball Club Fees Include

- Teams will have two practices each week, 90 minutes each.
- Tournament entry fees
 - Developmental teams – 4 local tournaments
 - Regional teams – 7 local tournaments & 1 travel tournaments
 - National teams – 5 local tournaments & 3 travel tournaments
- Summer League Play (If Ignit is unable to register a team in a league due to a low number of teams, Ignit will register the team in additional tournaments.)
- Ignit Selects and Pays Coaches
- Ignit pays coach travel expenses for out-of-town tournaments and local tournament per diem. Players and their families are responsible for their travel expenses.
- Skills & Drills sessions- 1 hour. Held weekly mid-April to late-July (optional)
- Ignit Performance: Training sessions will be held before or after practice. Athletes are also encouraged to attend other Ignit Performance classes offered during the week.
- Uniform – Ignit will use a new uniform package for the 2019 Summer season. The uniform package includes:
 - 1 Shooting Shirt
 - 1 Reversible Jersey with 1 Pair Shorts
 - 1 Sublimated Jersey
 - 1 Mesh Practice Jersey and 1 Pair Shorts

- Ignit Basketball Club players have access to Ignit Facility court and turf areas during open gym periods. Call Ignit day-of to check court or turf availability.
- Other Ignit Programs will be available at a discount to Ignit Basketball Club members and their families