

We are excited to launch the 2019-2020 Club Ignit Select Volleyball teams! This is volleyball designed for kids, families and coaches to optimize volleyball development and achievement goals. We have developed our philosophies of coaching and individual player development on a lifetime of playing, coaching and training numerous athletes as well as helping our own children develop and grow through playing volleyball. We know how important and fun this really should be and want each individual and team to enjoy this experience to its fullest!

At Ignit Volleyball we will provide quality programs and experiences to players, their families, and coaches of all levels and abilities to ensure personal and team growth and development. Our processes are designed with each player, family, and coach in mind. Our philosophy is one of comprehensive development for each athlete including fundamental technical and tactical skills. We are dedicated to providing a challenging and enjoyable experience for everyone!

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**Mission Statement:** Ignit Volleyball will ensure a positive growth experience for each athlete through our commitment to individual personal growth and family involvement, and a proven process for athletic, technical and tactical volleyball development by stressing personal accountability, respect of self, others, and integrity.

### **Core Values of Ignit Volleyball**

Fun! The primary reason we play, coach and watch youth sports is because we enjoy it! It should be fun for all involved. We strive to provide a fun and positive experience for our players, families, and coaches. While we recognize that occasionally the pressure and frustration of preparation and competition can overshadow the joy of the game, Ignit Volleyball will make every effort to incorporate the value of fun for everyone involved.

### **Sportsmanship**

We all like to win. We should all have expectations regarding success. One of the foundational building blocks of success is demonstrating sportsmanship at all times when at or acting on behalf of Ignit Volleyball. We will teach and hold every player to exacting standards when it comes to playing and practicing. The players will also conduct themselves with integrity, honor and respect for: themselves, parents, teammates, coaches, fans, and referees. All parents and players who choose to be a part of Ignit Volleyball must remember always that they represent themselves, their families, the club and our community. Each coach, player and parent will be held accountable for their sportsmanship at practices and both on and off the field (see code of conduct for Parents/Players).

### **Player Development**

Our first responsibility is the safety and development of our players. The coaches and developmental staff at Ignit Volleyball recognize that every player has his own personality and that there are many distinctive styles of play. It is also our philosophy that the foundation for every talented player regardless of style of play is age-appropriate development of fundamental technical skills and tactical knowledge as well as understanding of the game and how it is to be played. We believe that the long-term development of players is achieved through the implementation of a comprehensive process. We will always balance the development of individuals both technically and tactically with the development of teams. For teams to be successful in both the short and long-term they need to be staffed with fundamentally sound players, coaches, and parents who understand that player and team development is “big picture” and takes time! We all need to recognize that every player’s athletic

development progresses at a different pace. Ignit Volleyball is dedicated to the development of every player and will make best efforts to place players on appropriate teams to help them develop at a pace that is comfortable for them!

### **Communication**

To ensure a positive, effective experience for all players and parents, the coaches and developmental staff of Ignit Volleyball understand the value and necessity of meaningful communication between coaches, players and parents. We understand that for all individual players and their teams to become successful we must be willing to realistically and honestly assess progress at regular intervals. To keep everyone on the same page we must effectively communicate these assessments to all players and parents. We also recognize the importance of each player as a person and an athlete and we are committed to communicating with parents and players so that all feel welcome and valued.

### **Playing Time**

Practice is an extremely important and valuable piece of the developmental puzzle for each player; playing time is an important piece as well. While Ignit Volleyball does not guarantee equal playing time to all players, we will ensure that every player has adequate playing time to ensure their development and provide a positive experience. If there are ever questions about this, please contact your child's coach.

### **Physical Conditioning/Ignit Performance Training**

In order to develop and compete at the highest possible level, all athletes should be dedicated age-appropriate training programs. Ignit Volleyball includes Ignit Performance Training as a part of both the preseason and in-season programs. We will provide baseline and ongoing Ignit Performance Training assessments for each volleyball participant. The training will focus on acceleration development, max velocity development, and multi-directional development. With the combination of sports performance training and volleyball skill development, our athletes will be prepared for success in the upcoming leagues and tournaments for the 2019-2020 season.

### **Coach Selections**

Ignit Volleyball is dedicated to selecting qualified, paid coaches to serve as head coaches for each team. We will also select parent or other volunteer coaches to help with each team. We recognize that this experience is important not only to the player, but to the family as well. Any parent or family member wanting to be considered for a volunteer coaching position should contact the director of coaching or their team's head coach.

### **Number of Players**

Ignit Volleyball will roster no more than **10** players per team. From time to time we may add additional players for specific participation and eligibility reasons.

### **Support and Encouragement**

Parental support is integral to the successful development of individuals and teams. It is also essential to maintaining a fun, positive experience for all players, coaches and fans. Parents are expected to be encouraging and supportive of all players, coaches, and umpires at all times including:

- Expressing only positive cheers and words of encouragement during games and practices
- Trusting that your coaches are making decisions that are best for the team and individual player's development
- Practicing with and encouraging your child on their own time using coaches' suggestions to improve individual skills.

## **Conflicts/Concerns**

Ignit Volleyball is a developmental competitive volleyball. As such, practices and games can from time to time become very intense. At no time will criticism, arguments or yelling at players, umpires, and coaches, opposing fans, players or coaches be tolerated. If a parent or player's behavior is not consistent with the above expectations they will be asked to stop the behavior, disengage, and/or leave the area immediately. If the parent or player chooses to remain engaged disciplinary action will be handled by the Director of Coaching. Parents are encouraged to bring their questions, concerns and general feedback to the coaching staff within the following guidelines:

- Observe the 12-hour rule. Do not approach the coaches with negative issues immediately before, during, after, or in between games. Please provide at least a 12-hour cooling-off and reflection period to allow game-time emotions to calm;
- Request to speak with the coaching staff privately. Do not make negative or disparaging comments in front of players or other parents; Be a problem solver. Don't just point out what you perceive to be negative.

## **Parent Expectations**

-Basic expectations for all parents include:

- Please make every effort to get your player to all practices and games on time and prepared to participate. We understand that this can be difficult and at times, impossible. We ask you to understand that it is extremely difficult to conduct a meaningful practice or prepare players and teams for competition when players continually show up late or miss all together.
- Please inform the team coordinator if you know in advance that your player will be late or absent from a practice, game, or event.
- Please cheer for your player during games but limit the yelling of instructions to them. We want all players to enjoy playing in the game and to be focused on the instruction from their coaches.
- Parents are expected to be positive in their support of all players, coaches and Ignit Volleyball. Please trust that the decisions made by your coaches are in the best interest of your player, team and club based on their knowledge, experience and insights of the game.
- There also may arise from time to time situations that are concerning to you as parents about the treatment or playing time of your player or about conditions within your team or club. We are concerned with the overall experience of all our players and their families. Ignit Volleyball values your opinions and concerns and we want to hear about them as soon as it is appropriate (please respect the club's 12-hour rule whenever possible). If you should ever need to talk to someone regarding concerns, please start with your team's coach and or team coordinator. If you don't feel that the situation has been resolved satisfactorily, please contact the Director of Coaching.
- Parents are expected to conduct themselves in an appropriate manner at all times. We understand that competitive sports can be intense and frustrating at times, however this is not an excuse for abusive or uncontrolled behavior. Please remember that we as adults are responsible for modeling desirable behavior for the young athletes.

## **Player's Code of Conduct**

Players are expected to conduct themselves in a positive manner at all times. They will also be expected to always:

- Have fun and give their best efforts.
- Be respectful of the coaches, parents, and other players on the team.
- Be respectful of the opposing team's players, parents and the referee. come to the field ready to play Volleyball (practice and games).
- Spend time outside of practice and games working on their game and physical conditioning.

- Be open to coaching and willing to try new things at the suggestion of the team coaches and or player development staff.
- Have appropriate gear.
- Represent your family, team and club in a positive way
- Be proud of your uniform and keep it clean, neat and tidy.

### **Use of Ignit logo, Uniforms, Equipment, Etc.**

The use of the Ignit name Logo and any Ignit Equipment is restricted to Ignit sanctioned competitions and events! Ignit expressly prohibits the use of the Ignit Name, Logo or any Ignit equipment unless permission is granted in writing by Ignit Sports and Fitness for any competitions or events other than those directly organized, coached or otherwise sanctioned by Ignit Sports and Fitness LLC.

### **Program Fee Structure Tryout Fees**

- Pre-register 35.00 / At tryout \$35.00 Includes Ignit Volleyball tryout t-shirt
- Single Upfront Payment: Bid acceptance date
- 3 Payment Option: Bid acceptance date & same day of month next two months
- Payment Methods: Ignit accepts cash, checks, credit cards or PayPal as payment options.
- Ignit's preferred payment method is using PayPal. There are links on the Ignit Volleyball Club homepage to make single upfront or 3 payment option. When using PayPal, a customer can use their PayPal account or PayPal allows customers to use their credit/debit card without setting up an account.
- If a family chooses a 3 payment option, we require families to use PayPal to process payment. Using PayPal creates a monthly-subscription where the customer's PayPal or credit/debit card account is automatically charged each month over the 3 payment subscription period. The monthly payments are on the anniversary day-of-month of the initial payment.
- If a family chooses the single upfront payment, options are: PayPal via the Ignit website or cash, check, or credit/debit card payments can be made at our facility with our front desk staff. We can also process credit/debit card upfront payments over the phone.

Ignit Volleyball fees are nonrefundable. Also bid acceptance isn't complete until initial 2019-2020 volleyball fee payment and Ignit Volleyball Club Commitment Letter is signed and returned to Ignit.

### **Ignit Volunteer Program**

Ignit hosts sporting, philanthropic and community events at our facility. Interested families can offset a portion of their Ignit Club Team fees by assisting at these events. Volunteers typically assist in the concession area, with event on-court support or event check-in.

Volunteer hours offset only a portion of club fees, so families are required to pay Club Team fees as outlined under the Program Fee Structure section of this handbook. Families will be refunded for volunteer hours completed in early April and July 2020.

If a family is interested in volunteering, please send an email to [info@ignitsports.com](mailto:info@ignitsports.com) and we will add you to our volunteer list. To volunteer family members must be at least 14 years old. Families sign-up utilizing a web-based volunteer software and volunteer hours are on a first-come basis. Ignit reserves the right to discontinue the volunteer program or discontinue a family's participation in the program (i.e. not showing up for volunteer shift signed up for).

### **Ignit Volleyball Club Team Inclusions**

- Indoor Practice facility and Coaching twice a week with your player's team. Starting the week of December 1. (Individual team practice schedule TBD)

- Performance training provided both preseason and in-season
- Travel expenses (Hotel expenses) for Coaches when/if their team travels.
- Tournament Play
- Ignit Coaches (club team coach appointed by Ignit)
- **Uniform: Each player will receive at no additional cost three Ignit Volleyball game jerseys.**
- Ignit Volleyball players have access to Ignit Facility turf areas during open periods.
- Other Ignit Programs are available at a discount for Ignit Volleyball members and their families